

expatriate Lifestyle

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MALAYSIA'S #1 EXPATRIATE MAGAZINE

TRAVEL & VOYAGE

Langkawi For Lovers

Boutique hotels, spas & pure indulgent luxury → p59

Spiritual India

A revitalising treatment trail for the body and mind → p70

FREE!
SUPPLEMENT
ESSENTIAL
GUIDE TO
SINGAPORE
IN THIS ISSUE

FOOTBALL'S BACK



FOOD & DRINK

BARS FROM HOME

Bedroom, Loft, Laundry & more

The new season, where to watch it, who to follow and the expatriate pundits that bring you every game
→ p42



ALSO: Homegrown Furniture | Ramadhan Dining | Theatre for Kids

We are your Organic

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Full of choices, full of discoveries



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Organic Facial Care Range

Let's get grooming and stay green-ing!



Organic Personal Care Range



Organic Health Enhancement Range



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Organic Demeter Juices



Organic Fresh Produce, Kitchen Essentials & Appliances



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樂活
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healthy cuisine • 健康料理



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Organic Vegetarian • High in Energy, Fiber, Nutrients • Low in Salt, Sugar, Oil, Calories • No MSG or Artificial Colourings Added

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BMS Organics
body • mind • soul

Your Healthy Diet Consultation Centre

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